



### **Charlie Gomez Medical Clinic Wishlist**

We welcome donations of medical equipment to our clinic! Please find below a list of our most-needed medical devices, supplies, and medication.

Medications and supplies you can find in your local drugstore or grocery store:

- Glucometer test strips (Accu-check nano, Accu-check Active, Contour Next, Contour Next EZ, and One Touch ultra mini)
- Zinc tablets
- Vaseline or Aquaphor skin protectant
- Massage lotion
- Oral rehydration solution packets (ex. Pedialyte)
- Children's pain relievers (ex. Advil, Tylenol, Motrin)
- Sunscreen
- Calcium tablets
- Children's multivitamins, chewable or gummies
- Adult multivitamins
- Cough drops
- Children's and adult cough medicine (ex. Nyquil, Dayquil, Robitussin)
- Hand sanitizer
- TUMS antacids
- Baby and adult diapers
- Triple antibiotic ointment
- Small hygiene items (ex. soap, shampoo, etc.)
- Menstrual sanitary pads
- Pregnancy tests
- Diaper rash ointment

Medical devices:

- Pediatric and adult pulse oximeter
- Portable ultrasound machine
- Portable otoscope
- Portable digital scale with ability to measure in pounds and kilograms
- Forehead thermometer
- Adult and pediatric blood pressure cuffs

Hospital and clinic supplies:

- Gauze, any size

- Large syringes for ear lavage
- Small stainless steel forceps
- Portable room dividers/privacy screens
- Hospital-grade disinfectants and disinfectant wipes
- Adult and pediatric nebulizer masks
- Rapid HIV tests
- Urine test strips
- Vaginal speculums (steel and disposable)
- Pap smear supplies
- Portable stadiometer (height measurement)
- Exam gloves (preferably in size small)

Unfortunately, we do not encourage donating the following items because we do not have the capacity to use them:

- Prescription glasses or lenses
- Surgical equipment or supplies

We **CANNOT** accept the following items due to local regulations:

- Expired medications or supplies (Please bring items that are at least 6 months away from their expiration dates.)
- Medications or supplies that have been opened or are not in their original containers
- Prescriptions prescribed to one person

If you have any questions about a donation for our clinic, please contact our Medical Program Manager at [medical@mayanfamilies.org](mailto:medical@mayanfamilies.org).